

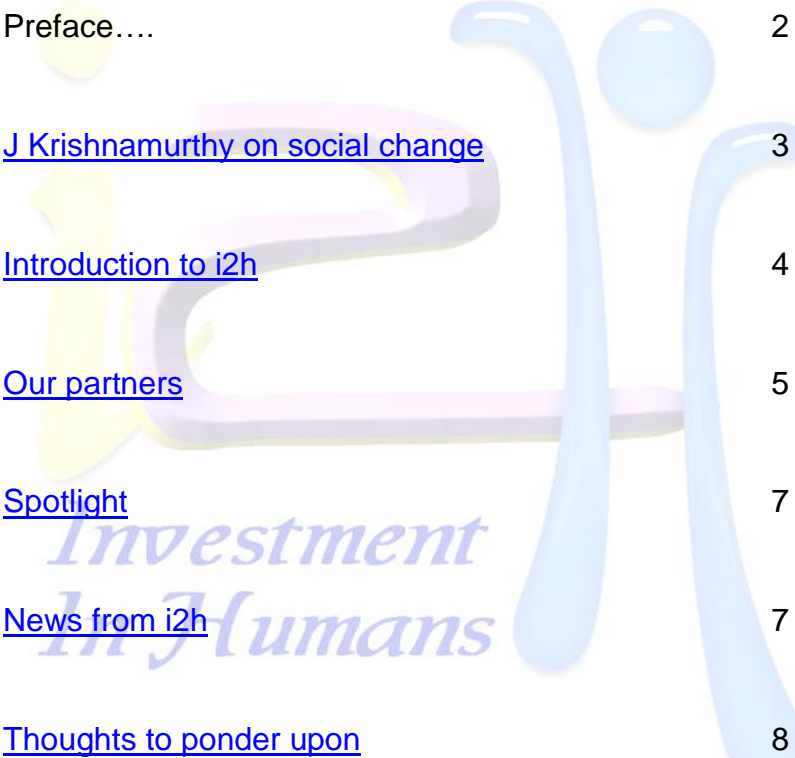
i2h NEWSLETTER

VIRINDAVAN COLONY, NEAR CHILAM CHAONI, CAMP ROAD, AMRAVATI - 444602

February 2013

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Dear friends,

It is pleasure to present you the first edition of i2h newsletter.

To connect with and update you with activities of i2h, to have that personal touch and to feel the warmth of your heart it was necessary to have one.

I2h is a fairly new organization in the list of ngo's, it is understandable you being sceptical and cautious, so as to understand this concern of yours, to reach out to you, to get your feedback and most importantly to be in touch with you, besides many other alternatives, newsletter is the one.

What builds a relationship between individuals is the trust and transparency among them, and we will agree that its true to any relationship, be it between organization and individuals or vice versa, trust and transparency can be build by listening, understanding concerns, sharing and being update about what's happening in their individual life's, so true for us as well, News letter is part of this trust building and having transparency between us.

I believe Newsletter will serve as eyes, ears and heart of ours, so that we could watch, listen and share to live a lasting and worthy relationship.



J krishnamurti, on social change



Social reform be brought about through legislation or through tyranny, but unless individual radically changes, he will always overcome the new pattern to suit his psychological demands- which is what is happening in the world.

It to me seems very important, then, to understand the total process of individuality, because it is only when the individual changes radically that there can be a fundamental revolution in society.999

It is always the individual, never the group or collective, that brings about radical change in the world, and this is historically so. Now can the individual, that is you and I, change radically?

This transformation of individual – but according to new pattern- is that we are concerned with, and to me it is the highest form of education. It is this transformation of individual that constitutes religion.

Introduction to i2h

What is i2h?

Investment in Humans (i2h) is an organisation committed to support Real Life Heroes

At core of i2h are its values, honesty, transparency, authenticity and integrity. I2h is not just an organization but a close knit family of like minded people who share this values, not only share the above values but are dedicated to support and encourage each other to hold and protect this flame in our heart.

What brings us together is this journey, which we have promised to ourselves, to undertake on our own free will, to hold hands and walk together in our endeavour, to see the sons and daughters of mother earth have in abundance that what is needed for survival and growth, while sharing values of equality, brotherhood and acceptance.

We dream of a healthy society where humans will not struggle for survival, for basic needs like food, shelter, clothes and education, all humans will be equally treated, will have equal opportunities, we are sure we all want to see and live in this kind of society.

i2h intends to support organisations and individuals who are committed for upliftment of society, bringing about equality and establishing harmony through charitable work, education, health. We are committed to help such organisations and individuals by mentoring and sustaining through initial insecurities by monetary funding, human resource and skills.

Honestly, we believe that such projects and person are our social responsibility. We are trying to build micro finance for these individuals and projects. And presently intending to support at least some part of the project as well start project like shisyakul

Our partners

(Projects we support)

Ranjeet Acharya



A Post-graduate from karve Institute of Social Science, pune. He was deeply moved when visited Sevalay, for the first time while he was studying. Sevalay was started initially on a barren land by Mr Ravi Bapatale. Today, sevalay is a home for 30 HIV +ve children.

Ranjeet has decided to devote his life for rehabilitation and education of HIV orphans through his work in sevalay.

[Read more..](#)

NGO – Aamhi Sevak,

Project – Sevalay, At Hasegoan, Tq Ausa, Dist Latur

E-mail – ranjeet.fcw@gmail.com

Ph. No. - +91 844 686 5908

Santosh Garje



Son of a farmer/labourer saw his sister dying, while nobody being there to take care of her kids, hence he decided to adopt them, that became the turning point in his life, there after he dedicated his life to search for other orphans in his area and give them a home.

Sahara Anantalay Pariwar is home for 42 orphans in Gevarai, Beed. [Read more...](#)

NGO – Aai Janhit Bahu. Sevabhavi Sanstha

Project – Sahara Anantalay Pariwar

Shivaji Nagar, Georai, Beed

Maharashtra.-431127

Ph.No- 07588177979, 02447262266

Sadanand Tayade



Sadanand's father died in his early childhood, coming from a economically backward family, he had to work from early age for his livelihood.

Inspired by Gadge Baba, he took broom in hand and cleaned more than 165 villages, and performed kirtans, creating awareness on health, education and moral values.

Sadanand and his mother sell garlands and vegetable to support themselves and the children of paradh community, for whom indiralaya is a home and school as well. [Read more...](#)

NGO – Indiralaya

Project – Indiralaya, washim, Maharashtra

E-mail- tayadesadanand@gmail.com

Ph. NO- 8055380270, 9921555387

Dr Prashant Kuchankar



Unsatisfied with what has been taught in Ayurvedic College, Prashant decided to research and explore by himself.

Right from his college days he attended various seminars and presentations in his search for holistic and integrated approach in field of medicine. He completed his graduation and took a journey all over India visiting sages and renowned practitioners in various fields of medicine and learning from them.

A Doctor by profession, Prashant now practices in Kurkheda a remote village in Gadchiroli. He has dedicated his life

in providing low cost medicine and medical services to benefit this people, who do not have accessibility to medical services that are available in cities.

[Read more...](#)

E-mail- tarun.seva@gmail.com

Ph. No.- 08275400220

Sunil Mekale



Son of a farmer/labourer, in marathwada region of Maharashtra, family of Sunil migrated to Dahisar, Mumbai from Latur after drought. Raised in slum, he was exposed to malpractices in the area, gang wars, drug trafficking, addiction and youths turning away from education was a common thing. Sunil stood tall and strong and decided to educate himself and others.

He did MA from TISS, and then worked for children's in his slums through many projects that were undertaken by his NGO. [Read more....](#)

NGO- Colour India

Project- I Colour, Dahisar, Mumbai

E-mail- sunilcbm@gmail.com ; dreamcolourindia@gmail.com

Ph.No.- 07666010177, 09969969626

Sharad Ashtekar



He has a dream to provide quality books to youth in remote areas of Vidharbha. He started by arranging exhibitions of books in remote village of Gaddchiroli, Chandrapur, Yawatmal, Melghat in Amravati. He also exhibits books in Schools, Colleges and Hospitals, and sells them at high discounts for students.

Caught red handed for cheating in 10th board exam, he left school to and started selling ground nuts, gutkha's and cigarettes in train. Upset with daily struggle with railway cops, he decided to sell newspapers; these decisions changed his life forever. He developed interest in reading and decided to complete his education, while reading books he got inspired with work of Dr Abhay Bang and Baba Amte and decided to contribute to social cause in whichever way possible. [Read more...](#)

Mai Marathi

Email – Yuvashakti.ms@gmail.com

Ph. No. - 08087288872, 09011135057

Chetan Meshram



He has started support groups to support lodging, boarding, educating and other expenses for Bihar Girls Project. These are girls belonging to deprived community of Bihar, if not supported by this project this girls would have been forced into marriage by now.

Like most of the girls, they are victims of gender discrimination. By this project, he intends to educate them, empower them to work against gender discrimination and bring about a social change. These girls are presently studying in Dayanand College, Jaripatka, Nagpur. They are pursuing their graduation. [Read more...](#)

NGO- NNBY

Project- Bihar Girls Project, Nagpur

E-mail- indiannby@gmail.com

Ph. No- 9011094490, 7122655850.

Nakul Sontakke



He has started self help group in village, yeoda, Dist Amravati. He has been organizing Youth Motivation Camps and has started a computer training centre in this remote village.

He has dedicated his life to education and creating awareness in youth about self employment and education. He exhibits books of Vivekanand and other social reformers. [Read more....](#)

Add – Yeoda, Tal- Daryapur, Dist- Amravati – 444706

E-mail- nakulsonakke@gmail.com

Ph.No- 9561445108

SPOTLIGHT

Few of our members were in news this month, we are proud to be associated with them. Articles were published on Mr Raju Bhadkhe and Dr Priyadarsh Ture in LOKSATTA, Career vru ttant.

Highlighting there life missions.

Following are the links of these Articles:

Mr Raju Badkhe : [loksatta, 10th dec 2012](#)

Dr Priyadarsh Ture : [loksatta, 11th feb 2013](#)

*Investment
In Humans*

NEWS FROM i2h

It gives us immense pleasure to bring it to your notice; work on [Project shishyakool](#) has started. On occasion of Republic Day, Plantation of 6 saplings was done at school site, kotmi, Chikaldara. The programme was attended by Sarpanch of kotmi, Thalathi and many villagers, who were eager to know on the most awaited, project that is to started in their village. As you know i2h, has earmarked village Kotmi to implement its pet project, shishyakool. Shisyakool consist of a school, hospital and vigan ashram. [Read more.....](#)

These are some of the snaps:



Rohan, Mr Ture →

← Plantation by Sarpanch



The gang

Thoughts to ponder upon....

Why Do Social Work?

--by J. Krishnamurti

Q: "I want to do social work, but I don't know how to start."

Krishnamurti: I think it is very important to find out not how to start, but why you want to do social work at all. Why do you want to do social work? Is it because you see misery in the world-starvation, disease, exploitation, the brutal indifference of great wealth side by side with appalling poverty, the enmity between man and man? Is that the reason? Do you want to do social work because in your heart there is love and therefore you are not concerned with your own fulfilment? Or is social work a means of escape from yourself?

Do you understand? You see, for example, all the ugliness involved in orthodox marriage, so you say, "I shall never get married," and you throw yourself into social work instead; or perhaps your parents

have urged you into it, or you have an ideal. If it is a means of escape, or if you are merely pursuing an ideal established by society, by a leader or a priest, or by yourself, then any social work you may do will only create further misery. But if you have love in your heart, if you are seeking truth and are therefore a truly religious person, if you are no longer ambitious, no longer pursuing success, and your virtue is not leading to respectability-then your very life will help to bring about a total transformation of society.

I think it is very important to understand this. When we are young, as most of you are, we want to do something, and social work is in the air; books tell about it, the newspapers do propaganda for it, there are schools to train social workers, and so on. But you see, without self-knowledge, without understanding yourself and your relationships, any social work you do will turn to ashes in your mouth.

It is the happy man, not the idealist or the miserable escapee, who is revolutionary; and the happy man is not he who has many possessions. The happy man is the truly religious man, and his very living is social work. But if you become merely one of the innumerable social workers, your heart will be empty. You may give away your money, or persuade other people to contribute theirs, and you may bring about marvellous reforms; but as long as your heart is empty and your mind full of theories, your life will be dull, weary, without joy. So, first understand yourself, and out of that self-knowledge will come action of the right kind.

--J. Krishnamurti

How Generosity Blossoms Into Meditation

--by [Sharon Salzberg](#)

The cultivation of generosity is the beginning of the path. [...] The path begins there because of the joy that arises from a generous heart. Pure, unhindered delight flows freely when we practice generosity. We experience joy in forming the intention to give, in the act of giving, and in recollecting the fact that we've given.

If we practice joyful giving, we grow in self-esteem, self-respect and well-being, because we continually test our limits. Our attachments say, "I will give this much and no more," or "I will give this article or object if I am appreciated enough for doing so." In the practice of generosity, we learn to see through our attachments. We see they are transparent, that they have no solidity. They don't need to hold us back, so we can go beyond them.

Therefore, the practice of generosity is about creating space. We see our limits and we extend them continuously, which creates a deep expansiveness and spaciousness of mind. This happiness, self-respect, and spaciousness is the appropriate ground for meditation practice to flourish. It is the ideal place from which to undertake deep investigation, because with this kind of inner happiness and spaciousness, we have the strength and flexibility to look at everything that arises in our experience.

The aim of giving is twofold. The first is to free our minds from the conditioned forces that bind and limit us. Craving, clinging, and attachment bring confinement and lack of self-esteem. If we're always looking for some person or thing to complete us, we miss the degree to which we are complete in every moment. It's a bit like leaning on a mirage only to find that it can't hold us; there's nothing there. The second purpose is to free others, to extend welfare and happiness to all beings, to lessen the suffering in this world. When our practice of generosity is genuine, we realize inner spaciousness and peace, and we also extend boundless caring to all living beings.

The movement of the heart in practicing generosity mirrors the movement of the heart that inwardly lets go. So the external training of giving deeply influences the internal feeling-tone of the meditation practice, and vice versa. If we cultivate a generous heart, then we can more easily allow things to be the way they are.

--Sharon Salzberg, in [Generosity's Perfection](#)

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